

<First Name> <Last Name>
 <Address 1> , <Address 2>
 <City>, <State> <Zip>

There's still time for you to earn Wellness Rewards!

Act now – you can earn **\$115**
or more in Wellness Rewards.

If you have any questions about
the activities listed here, please call
Member Relations at **1-866-901-8000**
(TTY 1-877-454-8477).



Eligible Activities

Activity	Eligibility Criteria	Action Needed to Earn	Reward
All active Medicare members are eligible for the following activities:			
Medicare Annual Wellness Visit	All Medicare members	Complete a Medicare Annual Wellness Visit.	\$75
Flu Vaccine	All Medicare members	Present your Jefferson Health Plans Medicare Member ID card at in-network providers/pharmacies and get a flu shot.	\$10
Pneumococcal Vaccine	All Medicare members	Present your Member ID card at in-network providers/pharmacies and get a pneumococcal (pneumonia) vaccine.	\$10
Zoster Vaccine	All Medicare members	Present your Member ID card at in-network providers/pharmacies and get a zoster (shingles) vaccine.	\$10
Vaccine Bonus	All Medicare members	Complete all three eligible vaccines to earn a bonus reward.	\$10
			TOTAL: \$115

More Rewards Activities: Check Eligibility Below

Activity	Eligibility Criteria	Action Needed to Earn	Reward
Please note specific member eligibility criteria for the following activities:			
Medicare Health Assessment	Medicare members enrolled in DSNP Plans	Complete an initial or annual Medicare Health Assessment with a Jefferson Health Plans care coordinator.	\$25
Colorectal Cancer Screening	Medicare members aged 40 or older	Complete a Colorectal Cancer Screening test (FOBT, Flexible Sigmoidoscopy or Colonoscopy, or FIT-DNA test).	\$30
Breast Cancer Screening	Female Medicare members aged 35 or older	Complete a mammogram screening.	\$30
Bone Mineral Density Test	Female Medicare members with Osteoporosis diagnosis	Complete a bone density test.	\$50
Diabetes Retinal Eye Exam	Medicare members who are diabetic or were screened for diabetes	Complete a retinal or dilated eye exam with an eye care professional.	\$25
Diabetes Kidney Tests	Medicare members who are diabetic or were screened for diabetes	Complete an estimated glomerular filtration rate (eGFR) test and a urine albumin-creatinine ratio (uACR) test.	\$25
Diabetes A1c Test	Medicare members who are diabetic or were screened for diabetes	Complete a Hemoglobin A1c (blood sugar) test with a PCP or Specialist provider.	\$25
Diabetes Care Bonus	Medicare members who are diabetic or were screened for diabetes	Complete all three eligible diabetes activities to earn a bonus reward.	\$25

Additional Details & Frequently Asked Questions

- You will only be rewarded once for each eligible activity, even if you complete the same activity twice. All eligible activities must be completed during the calendar year to earn Wellness Rewards. You will not be rewarded for activities completed before January 1, or after December 31.
- If you complete an activity between October 1 and December 1, please call Jefferson Health Plans. Please note that there may not be enough time to confirm and redeem rewards for any activities reported after December 1.** In order to reward you, we will need to know where and when you completed the eligible activity. It may take up to three weeks to confirm with your doctor that you've completed an activity. A representative will call you to let you know that your Wellness Rewards dollars have been loaded.
- You must spend all of your Wellness Rewards dollars by midnight the evening of December 31. **All Wellness Rewards dollars will expire at the end of the calendar year.**





How do I activate my card?

To activate your card and for questions about using the Jefferson Health Plans Flex Card, please call Nations Benefits at **1-800-974-6443 (TTY 711)**. Member experience advisors are available from 8 a.m. to 8 p.m., Monday to Friday.

How do I check my balance?

To check your Wellness Rewards balance, visit **JeffersonHealthPlans.NationsBenefits.com**.

You will need to register for an account and then log in using your Jefferson Health Plans member ID and password.

How do I order items online?

Visit **JeffersonHealthPlans.NationsBenefits.com** to order items online.

Who do I call if I have questions?

For questions about eligible activities, benefits, or help scheduling an appointment, call Jefferson Health Plans at **1-866-901-8000 (TTY 1-877-454-8477)**. From October 1 to March 31, we're available 8 a.m. to 8 p.m., 7 days a week (closed on Thanksgiving and Christmas). And from April 1 to September 30, we're available 8 a.m. to 8 p.m., Monday to Friday.

Download the Benefits Pro mobile app today!

Enjoy easy access to shopping, transaction history, and information about your Jefferson Health Plans Flex Card benefits and rewards.

To place an order through the Benefits Pro mobile app, scan the QR code using your smartphone or search "Benefits Pro" in the App Store or Google Play.



Jefferson Health Plans contracts with Medicare to offer HMO, HMO-DSNP, and PPO plans. Our HMO-DSNP also has a contract with the Pennsylvania State Medicaid program. Enrollment in our plans depends on contract renewal.