Extra Support for Healthy Living

At Jefferson Health Plans, we offer **Special Supplemental Benefits for the Chronically Ill (SSBCI)** to help cover the cost of healthy food and utility bills, at no extra cost. The following information provides an overview of this benefit that you can share with your clients.

What can they use SSBCI benefits for?

- Healthy food
- Utility bills

How are benefits accessed?

Getting your SSBCI benefits is simple. Here's how:

- If a member has an associated claim on record with Jefferson Health Plans, the member does not need to take any action and will automatically have access to the benefit.
- If a member has completed a Health Assessment with Jefferson Health Plans and indicated a qualifying condition, they will have access to the benefit within 24–72 hours. You can help clients complete a Health Assessment at the time of enrollment.
- If there is no claim or Health Assessment on record, and the member requires access to the benefit, they can self-report a qualifying condition to access the benefit. They need to self-report their condition through the Nations Flex Card Portal or by calling **1-877-205-8005 (TTY 711)**. Once reported, they will have access to the benefit within 24 – 72 hours, for a total of 30 days.
- **All members will have access to the benefit for the first 60 days of 2026 as a grace period.** This allows all new or existing Jefferson Health Plans members the time to complete a Health Assessment or see a provider and have an associated claim on record.

We're here for our members.

If your clients have questions, please have them call Member Relations at

1-866-901-8000
(TTY: 1-877-454-8477)

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Who can receive SSBCI?

These benefits are available to members with a variety of conditions. Below are a few examples of these conditions. Members can contact Member Services for a more detailed list of conditions.

SSBCI General Condition	Qualifying Detailed Conditions
Autoimmune Disorders	Ankylosing spondylitis, Arthritis, Autoimmune hepatitis, Celiac disease
Cancer	Bladder cancer, Brain cancer, Breast cancer, Cervical cancer
Cardiovascular Conditions	Coronary artery disease, Heart attack, Heart failure, Hypertension
Chronic Alcohol Use & Substance Use Disorders	Alcohol abuse, Cannabis use disorder, Cocaine abuse, Medication abuse
Chronic & Disabling Mental Health Conditions	ADHD, Anxiety, Autism, Bipolar disorder, Depression, OCD, PTSD
Chronic GI Disease	Acid reflux, Appendicitis, Autoimmune hepatitis, Barrett's esophagus
Chronic Heart Failure	Heart failure
Chronic Kidney Disease	CKD
Chronic Lung Disorders	Alpha-1 antitrypsin deficiency, Asthma, Bronchiectasis, COPD, Emphysema
Cognitive Impairment	Cognitive deficit, Delirium, Dementia, Mild cognitive impairment
Dementia	Alzheimer's, Dementia, Frontotemporal dementia, Vascular dementia
Diabetes Mellitus	Diabetes
Functional Challenges	Bedridden, Functional limitation, Mobility limitation, Needs assistance
HIV/AIDS	HIV, AIDs
Immunodeficiency & Immunosuppressive Disorders	Neutropenia, Primary immunodeficiency, Secondary immunodeficiency, Severe immunodeficiency
Neurologic Disorders	ALS, Epilepsy, Guillain-Barré syndrome, Huntington's disease
Overweight & Obesity	Localized fat, Metabolic syndrome, Obesity, Overweight, Severe obesity
Post-Organ Transplantation	Heart transplant, Kidney transplant complications, Liver transplant
Severe Hematologic Disorders	Aplastic anemia, Hemolytic anemia, ITP, Polycythemia vera
Stroke	Hemorrhagic stroke, Ischemic stroke, Stroke sequelae, TIA

Jefferson Health Plans contracts with Medicare to offer HMO, HMO-DSNP, and PPO plans. Our HMO-DSNP also has a contract with the Pennsylvania State Medicaid program. Enrollment in our plans depends on contract renewal.

Out-of-network/non-contracted providers are under no obligation to treat plan members, except in emergency situations. Please call our Member Relations number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

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