

YOUR QUICK START GUIDE

Get started with Jefferson Health Plans! Follow these simple steps to make the most of your Individual and Family Plan.

1. Sign up for our member portal

Access all your plan info in one place. **Scan the QR code** or visit JeffersonHealthPlans.com/account to set up an account where you can view plan information, access your digital ID card, and more!

**SCAN TO LOG IN OR
CREATE AN ACCOUNT**



2. Enroll in automatic bill pay

Save time and never miss a premium payment. Log in to the member portal to sign up. Or, call us toll free at **1-866-206-1349** if you have an HMO plan or **1-855-734-2943** if you have a PPO plan.

3. Schedule your first \$0 PCP visit

Take advantage of this \$0 benefit! Your primary care provider (PCP) can help you manage all aspects of your health.

4. Complete your health survey

After your coverage begins, take a survey to tell us more about your health. We'll provide you with helpful information, resources, and tools to meet your needs. Complete it by logging into the member portal, or go to JeffersonHealthPlans.com/healthsurvey.

5. Sign up for virtual care through JeffConnect

Get connected to Jefferson providers 24/7. Register now for virtual visits when you need them for non-emergency care. Visit JeffConnect.org to set up your account, or download the JeffConnect app from the App Store or Google Play.

Questions?

Call 1-833-422-4690 (TTY 1-877-454-8477)

Care Close to Home

Choose from our broad network of doctors, hospitals, specialists, and other trusted providers located close to where you live.

Visit JeffersonHealthPlans.com/providers to view our full provider directory and search for doctors and hospitals.

Your Rx Benefits

Save on prescriptions with Jefferson Health Plans. Your plan provides affordable coverage for both brand name and generic prescriptions.

Learn more and see which drugs are covered at JeffersonHealthPlans.com/prescriptions.

Find the Right Care

Virtual Care	In-Person Care
When you want urgent or primary care from the comfort of home.	When you want to see a doctor in person.
VIRTUAL URGENT CARE USE FOR: Minor illnesses like colds, flu, and respiratory illnesses. \$0 with Jeff Connect, available 24/7. Register at jeffconnect.org or download the Jeff Connect app.	URGENT CARE USE FOR: Non life-threatening emergencies like minor allergic reactions, cuts and burns, and sprains.
VIRTUAL PRIMARY CARE USE FOR: Routine check-ups and general medical needs. Call 1-800-Jeff NOW to schedule.	OFFICE VISITS USE FOR: Annual well visits, vaccinations, sick visits, and ongoing care with a primary care doctor or specialist.

Call 911 or go to the emergency room if you're experiencing a life-threatening medical emergency.

Live Well

Your plan covers these essential health benefits:

- Hospitalization
- Outpatient Services
- Emergency Services
- Prescription Drugs
- Pregnancy, Maternity & Newborn Care
- Mental Health & Substance Abuse Disorder Services
- Laboratory Services
- Preventive & Wellness Services
- Pediatric Services
- Rehabilitation & Habilitation Services — and more

We're Here for You

Call us at **1-833-422-4690**, TTY: **1-877-454-8477** to speak with one of our friendly representatives.

We are available:

Apr 1 – Sep 30

8 a.m. to 8 p.m.

Monday – Friday

Oct 1 – Mar 31

8 a.m. to 8 p.m.

Monday – Friday

Website:

JeffersonHealthPlans.com/individuals-families

Member Handbook:

JeffersonHealthPlans.com/memberhandbook